



Treatment & Therapy FAQs

What can I expect from treatment sessions?

Literacy treatment is provided by a skilled speech-language pathologist, with a minimum of 30 hours of training in Orton-Gillingham reading instruction. Treatment does not follow one specific program (e.g., Barton, Wilson, IMSE, etc.). Rather, therapy is individualized to fit the needs of each client using systematic, cumulative, and explicit methods following the science of reading.

Does my child have to have a dyslexia diagnosis to participate in literacy therapy?

No, a diagnosis of dyslexia is not necessary to participate in literacy therapy, as all struggling readers benefit from Orton-Gillingham reading instruction. However, a comprehensive speech-language and literacy evaluation is necessary to determine your child's unique patterns of strengths and weaknesses, as well as to rule in or out other speech-language deficits that may be contributing to literacy difficulties. If your child has a diagnosis of dyslexia or other speech-language disorders provided by a facility separate from The Dyslexia Den, we request a copy of the final evaluation report. Further testing may still be appropriate.

How often are treatment sessions?

A minimum of two therapy sessions per week is required, but more sessions may be recommended depending on the severity of the client. Therapy sessions range from 45 to 60 minutes.

How long will my child require therapy?

The length of therapy varies for each client, allowing the pace of treatment to match the needs of the client. Factors that contribute to length of therapy include: client's personal patterns of strengths, severity of deficits, family participation, completion of home programming, client's ability to attend and participate in therapy sessions.

Can family members attend treatment sessions?

Yes, family involvement is highly recommended. Family members are welcome to attend treatment sessions and participate as deemed appropriate. In addition, home programming tasks are sent home regularly to reinforce skills learned in therapy.